



Pitsford School



THE PITSFORD POST

Friday 31st January 2020

Welcome

Hello Parents of Pitsford School. I cannot believe it is the end of January already or, in that weird bendy physics of time and space that is a school term, that it is only the end of January as it feels like we have been back for ninety-seven weeks non-stop, and that the sun has not shone once. But in the midst of all of that, it has been incredibly productive.

Straight away, and displaying my ugly and competitive side, I want to say how well we are doing in sport (you can read about it in our twitter feeds) and among those great successes, I am delighted to single out the U-14 Netball triumph in the ISA Midlands competition. What a result! We are smaller than most schools involved there and it is testimony to the ability and team spirit of our girls (and Mrs Chacksfield's ninja coaching) that we had such a victory. Very, very well done to them, and to the many, many others in my school who have triumphed alone or in teams but who I am not mentioning right now and because of that who now resent me with a primal fury which is hard to describe using human language. If it is any comfort to all of our athletes, when I visit other schools or talk to other heads I claim 100% of the credit for their successes! Moving to the arts, coming up ahead of us is our school musical (advertised elsewhere in this publication) 'Little Shop of Horrors'. I have seen some of the numbers performed and it is going to be awesome - buy tickets at the school office now! Its performances are 13th and 14th February so please come to one (or, like me, all) of the shows as it really is great and the actors and musicians will love, and bounce off, an enthusiastic audience. This coming Wednesday is our 30th Anniversary Founders' Day service when the whole school is in the parish church and I am greatly looking forward to that as it will be a perfect way to celebrate as a community and to recognise how far we have come, and who we now are, during our pearl anniversary. Also on Saturday 8th February we have our first Masterclass for local primaries, thereby shining a light on some of the new ways we will build on the past for the next thirty years and beyond. Two weeks to half-term...

Dr Walker

Pilates at Pitsford School

All very welcome to attend this brand new
Body Control Pilates class with BCP teacher Lola Adekanmbi.

"Whether you're looking to tone, strengthen and stretch your body, or relax and focus the mind – one Pilates class per week can make a huge difference. The class is there for you, so do come and try it out."

Wednesdays: 8.30-9.30am Junior School Hall
£8.50 per class, as per t&c's

e-mail: natalie@pilatesbynatalie.co.uk
web : pilatesbynatalie.co.uk



**BODY CONTROL
PILATES®**

Pitsford School

Pitsford Hall

Moulton Lane

Northampton NN6 9AX

Telephone: 01604 880306

Email: office@pitsfordschool.com

www.pitsfordschool.com

- J1's special visitor -



J1 had some delightful visitors in today. They had created questions to find out more about how to look after a baby. Thank you Mrs Bennett for bringing in Daisy and for sharing your knowledge.



- Year 7 and Year 8 Theatre Visit to 'Holes' -

If you have read 'Holes', you will know that it explores some 'interesting' ideas about building character... Year 7 and 8 enjoyed this brought to life on the stage on Thursday at the Royal and Derngate.



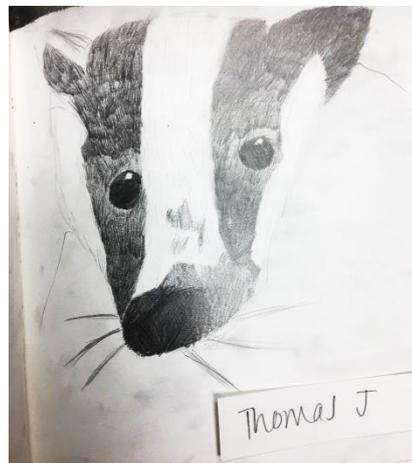
- Art News -

The art department has started this term with a vengeance and has been buzzing with creativity and hard work solidly for the first 3 and a half weeks!

The **Year 7's** have started a Bird project looking at the work of Mark Hearld with particular reference to his patterns and colours. The result of these studies will be a flock of colourful and individual clay birds. In preparation of the clay work - the students have completed some wonderful observational studies of birds focusing on tone and mark making.



The **Year 8's** have also refined their drawing skills with their focus being Forest Animals. Their project outcome whilst also 3D will be created using recycled card and mod roc in the style of Abigail Brown. See below some fine examples of their investigative drawings.



Whilst **Years 9-13** are also producing some impressive pieces this term - they are bang in the middle of the either the research element (Year 9 and 10) or their exam prep (Year 11-13). As soon as the undoubtedly amazing work takes shape - we will post some examples for you to admire.

Keep up the good work Pitsford artists!

Mrs Smith

- Jake is still hitting the high notes! -

You may remember that Jake was successful in the latter half of 2019 Well that continued into 2020 as he, together with YouthBrass 2000 have had a busy month of competition. Fri 10th - Sun 12th January saw them competing in Butlin's Mineworkers Brass Band Contest, held in Skegness. This was a whole weekend of Brass Band competitions and included the Youth Section. YouthBrass 2000, conducted by Cathy Fountain, were awarded 1st place in the contest after performing a 25 minute concert programme, which had to include a march and a hymn.

Taking that accomplishment with them, Fri 23rd - Sun 25th January brought with it the 'Brass in the Wire' contest, held in Warrington. Saturday was spent in rehearsal, with the contest held on the Sunday. Again, a 25 minute concert programme was delivered, this time the band was conducted by Chris Jeans. Again the band put on a superb performance and were awarded 1st place.

Off the back of these great performances Jake has also been recruited to Midlands-based First Section Brass Band to play solo cornet. This is his first seat in an adult band and one we are sure he will fill admirably.

So...not content with two fantastic achievements in January, YouthBrass 2000 are now preparing for the National Youth Brass Band contest, to be held in Rotherham in March. However, it doesn't stop there.. they are also representing the UK in the European Youth Brass Band Championship in Palanga, Lithuania, in May. There are exciting times ahead for both Jake and YouthBrass 2000 and we hope to bring you more news of success over the next few months.



- Flash Fiction Results 2020 -

Year 7:

Winner: Oliver S- Hesketh

2nd- James R - Wake

3rd- Pippa K - Hesketh

Winner: Oliver S

I had 24 Hours...

I had 24 hours...24 hours to do the job...*24 hours to survive.*

It all started in an old hotel where I was staying. It was night time; the red moon hung in the sky like a puppet. I stared at the moon for I don't know how long... and then *they* came.

They came running with bloodied mouths wide open evading every obstacle in their way. But where were they running to? Beads of sweat gathered on my forehead and my lungs clogged up. I knew where they were going and I knew what they were coming for. *Me.*

I ran, my muscles screaming at me and my brain telling me not to. But still, I ran. At last I found a place to hide. Why were they coming for me? What were they coming for? My heart pounded in answer to all these questions. And that's when I heard the howling.

They were coming..

I ran fast as the wind, but they ran faster. It was only a matter of time until they would come and kill me. I ran into the fields. There was one cow in the fields, but it wasn't normal. Its body was bony, as if it were dead. Its wrinkled eyes looked at me; but it wasn't looking at *me*. It was looking at the wolves behind me.

I knew then that death was *imminent.*

Year 8:

Winner: Tegan S - Wake

2nd- Harry C- Hesketh

3rd- Alfie C- Wake

Highly Commended- Ethan M

Winner- Tegan S:

The mirror clutched in my frozen fist had shattered from the fall. Warm blood rushed out of my gaping wounds, heating my flesh. I fumbled in the rubble clasping a shard of broken glass. It took me a moment to realise the abnormal creature staring at me, *was me.* My tangled hair matted on my head, my hollow cheek bones, my dying eyes. I racked my brain for any memory of how I got here, but, nothing. I sat helpless looking around at the rubble, debris, and billowing smoke. I probed the ragged flesh on the inside of my mouth from where it had been chewed in fear. I closed my eyes and let the icy fingers of death carry me away.

No one was coming..

Year 9:

Winner: Alanna S- Hesketh

2nd: Harris C- Wake

3rd: Annabelle- Wake

Winner: Alanna Soyu

I couldn't run for much longer...but...but...I can't stop. I mustn't. Either THEY'LL find me...or IT will.

It was what, about two weeks ago? I was at that stupid dilapidated pile of wood that HE calls a cabin. I was petrified as I stepped in. I was literally shaking as my hand lunged for the door knob behind me. I leapt about 20 feet in the air the minute HIS soulless eyes locked with mine. HE said nothing as he tossed the duffle bag my way and turned HIS back on me. I recovered as quickly as I had fallen in to that timeless trance and as I reached for the door it opened... and what I then saw will haunt me for as long as I live.

All of my friends... all of my friends, mowed down. They must have followed me... why didn't I stop them?

I don't even remember what happened. All I heard was the repeated pattern of gun shots leaving the barrel that lay in the hands of THE MONSTER next to me. So I ran... and I'm still running...not stopping...never stopping.

Year 10:

Winner: Erin Jennings- W

2nd- James Richens- R

3rd- Francesca Fernades-Neto- H

Highly Commended: Hannah Smith- W

Winner: Erin Jennings:

I couldn't run for much longer...

I couldn't ignore the glistening pit of darkness falling deeper and deeper with each outburst of twisted emotion.

Sooner or later...

The tragic flower will begin to bloom.

Bloody sores laced my wrists and ankles; agonising reminders of the futile escape attempts I had made before.

But it wasn't even worth trying to run anymore. I knew what was coming. I could smell the horror just itching to be released.

From behind me, an ominous creak emerged from the shadows.

The door had opened and steps echoed through my cell.

The swift ring of an unsheathed blade.

Tears began to stream down my dirty face as I knew what was going to happen next. His laughter rose up from the very bottom of the emptiness inside of me. He started to slowly prise my eyes open, relishing each last strand of pure terror that unwrapped around my face like a mask, suffocating me.

All I could feel was the paralysing fear pulsing through my veins as I was greeted by a plethora of sickly grinning faces.

'Help me' cried a small part of me, drowning in the abyss that should have been my heart..

A sickening crunch.

That small bell of hope rang again. It tried to scream for someone. ANYONE. But it couldn't shout out.

Their laughter tried to fill me up again, resonating through my very being.

But it was drowned out by the ring of bells.

Thick blue wisps of fire began to creep up my chains.

These are the flames of my revenge.

They will pay dearly for all they have done.

The boundaries that held me for so long simply crumbled in front of me.

Their grimacing faces melted away as the fire swallowed them too.

They may as well have been pools of blood and ash from the very start.

I am... BLUE.

- J3 Here comes the sun -

With so many damp and cloudy days during January, J3 have brought some sunshine to our Art Room. As part of their weather topic they drew and painted pictures of the sun, learning how to blend colours. They then modelled their designs in clay. The two were combined to make this fantastic display.



- Shining Star Izzy -

What a great start to the year Izzy has had! By working hard and building on the success of last year Izzy has achieved success early on in 2020! Earlier this month Izzy was awarded the first of the NAF Shining Star Awards of 2020. Izzy was awarded the January Shining Star and was nominated by Mia Palles Clark and Alison Tee, both coaches of the Northamptonshire and Cambridgeshire Academy.

Well Done Izzy ! We hope that the coming months provide you with just as much success as this one.

For the full article go to <https://www.britishshowjumping.co.uk/news/isabelle-thomas-from-northamptonshire-claims-the-first-naf-shining-star-award-of-2020>



- Cameron's trampolining triumph: onwards and upwards -



Year 10 student, Cameron, came second in the East Midland trampolining NDP pre-qualification competition in Nottingham on Sunday meaning he has qualified for the regional finals. Well done Cameron!

- Pitsford Together - Graveyard Extension Community Project Archaeology Event -

Tuesday 4 February in Pitsford Village Hall 15:15 to 21:30

The event will provide an opportunity for children to learn a little about archaeology in a fun way. School children will be able to attend the afterschool activity session on a casual basis (i.e. see and have a go).

Those returning from work will be able to drop in and see a range of archaeology artefacts and then in the evening anyone can attend the talk about the Community Excavation.

The archaeologists will bring a range of different activities for the event. Doors are open for children and parents to come and see the finds, take part in a range of activities and anyone can bring in objects that they have found in their garden and would like to know what they are! Games, quizzes, animal bones and teeth to handle, artefacts and quiz, mammoth bones, pottery lots of fun things to do.

The afternoon session for the children will begin at 15:45. Children from Pitsford Primary School, Pitsford School are invited and children from other schools are welcome too.

To book in: Please contact: Maureeneholliday@runbox.com or ring 01604 880395 as soon as possible.



4 boys in Year 10 were recently invited to take part in an archaeological survey at Pitsford church. In common with many churches, the cemetery at Pitsford is running short on space and an extension is required using adjacent land. However, given the sensitive nature of this ancient site, the county have requested that an archaeological excavation be undertaken to ascertain whether there are any significant artefacts that need preserving. The boys were responsible for the initial geophysical survey of the site. Whilst nothing of any real significance was discovered apart from an ancient trackway, the boys gained an insight into the career of an archaeologist.

- Pitsford U11 vs Quinton House Football Report by Mr Auckland -

Pitsford U11 boys took on Quinton House in football at home this week, coming away with a convincing victory. Pitsford took the game to Quinton right from the start, playing a pressing game and closing the opposition down rapidly. Pitsford were in complete control by the end of the first half, with Captain Raffi O scoring a brace of goals to put the blues 2-0 up.

In the second half, Quinton came back fighting but a solid defensive line from Avanish J, Finnie D and Lucas W efficiently cut off most of the Quinton attacks. The few shots that were made by Quinton were effectively dealt with by Pitsford's agile goalkeeper Harrison F.

As the second half went on, Pitsford began to relax and play some quite outstanding football, with midfielders Finn M and Oliver L-D linking up brilliantly to play the ball forward to strikers Sebastian P and Leonard P. Sebastian's skill on the ball was superb and Leonard's impressive work rate was rewarded with a sensational left-footed goal. A clearly frustrated Quinton House resorted to making hacking challenges from behind, resulting in a free kick for Pitsford and another goal for the blues courtesy of Leonard P. Centre-mid Raffi O scored another brilliant goal to secure his hat-trick and Pitsford wrapped the game up with an impressive 5-0 scoreline.

- Put your best foot forward -

On Monday, the Lower Sixth Geographers were in Northampton exploring efforts to use Northampton's fine shoe and boot heritage in efforts to regenerate and rebrand the town. Next time you are in town search out the 12 shoe sculptures.





A chance to perform
A chance for appraisal
A chance to hear others perform

Northampton Festival of the Performing Arts

Drama and Music Festival held in May 2020

A great opportunity for amateurs of all ages to perform in front of a supportive audience and to receive constructive and helpful feedback from a professional adjudicator.

All entrants will receive a certificate and written feedback plus there are trophies and medals to be awarded.

You can enter competitive or non-competitive classes.
First-time entrants are most welcome.

Music Classes include:

Piano (solo / duet) - Keyboard - Instrumental (solo / duet / trio / quartet): Brass - Strings - Woodwind - Advanced Recital - Solo Voice (all genres) - School, Community and Barbershop Choirs

Drama Classes include:

Verse Speaking - Shakespeare - Mime - Group Acting - Mixed Arts - Group Speaking - Reading - Prose Speaking - Religious Reading - Write Your Own - Acting (solo / duet) - Presentation

Download a syllabus and entry form from the website
www.northamptonfestival.org.uk or
email: contact@northamptonfestival.org.uk for a copy by post

Closing date for entries 14 February 2020

- U16 vs The Peterborough School Tuesday 21st January -

Pitsford U16's first fixture this term was against The Peterborough School over in Peterborough. The team travelled in high spirits. However it wasn't long after kick off that The Peterborough School dominated possession and territory. Pitsford continued to battle, but it was clear that Peterborough were the better side. Led by Oliver W as captain, and Vlad C as well as Jake P in defence, Pitsford were able to slowly gain more confidence and periods of possession. However, the Pitsford goal was very much under a barrage from the impressive Peterborough strike force. That said, Charlie J showed great bravery in goal and thwarted many of their efforts. The boys battled hard, and enjoyed the outing. However, there is much to work on in training!

Mr Cole





- The sun'll come out tomorrow.. -



Ruby Wright from J6 is getting ready to take the stage at The Castle Theatre, Wellingborough for her first starring role as Annie in Annie The Musical 4th - 8th February.

Ruby has been rehearsing since November last year and is very excited to be playing Annie and sharing the stage with her dog Zak, who is playing Sandy!

There are still tickets available if you want to head along and support Ruby, her performances are on Tuesday, Thursday and Saturday evenings. Here is the booking link:

<https://www.parkwoodtheatres.co.uk/castle-theatre/show/8269e49d-65f4-e911-a9b7-be9d11a3302d/annie-the-musical>

We would like to wish Ruby and the cast of Theatreworkz all the very best!

THEATREWORKZ

CASTLE
THEATRE
Wellingborough

& Open Door Theatre present

the musical
Annie

**The Castle Theatre
Wellingborough**

Tuesday 4th to Saturday 8th February

(Performances 7.30pm nightly & 2.30pm Saturday matinee)

Tickets 01933 270007

Or www.parkwoodtheatres.co.uk/castle-theatre



ANNIE Book by THOMAS MEEHAN Music by CHARLES STROUSE Lyrics by MARTIN CHARNIN
Original Broadway Production Directed by Martin Charnin

Presented on Broadway by Mike Nichols Produced by Irwin Meyer, Stephen R. Friedman, Lewis Allen,
Alvin Nederlander Associates Inc., The John F. Kennedy Center for Performing Arts, Icarus Productions.

Based on "Little Orphan Annie"® by permission of the Tribune Media Services
Inc.

This amateur production is presented by arrangement with Music Theatre
International (Europe) All authorised performance materials are also supplied by
MTI Europe www.mtishows.co.uk

JUNIOR SCHOOL MENUS

MENU - WEEK THREE

Week commencing Monday 20th Jan 2020

Monday

Mild Mexican Minced Beef Taco

Bacon & Egg Flan

served with herby diced potatoes & garden peas

(V) Vegetarian Mince Taco

Homemade Shortbread

Selection of fresh fruit pots or Yoghurts

Tuesday

Chicken & Ham Short Crust Pie

Butchers Sausage

served with mashed potatoes & wholegrain spaghetti

(V) Vegetarian Sausages

Hot Rice Pudding With Sliced Peaches

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Pork Loin

Topside Of Beef With Yorkshire Pudding

oven baked roast potatoes, sage & onion stuffing,

roast gravy and broccoli spears & sweetcorn

(V) Cauliflower, Courgette & Squash Au Gratin

Selection of fresh fruit pots or Yoghurts

Thursday

Mild Butter Chicken Curry With Brown Rice

Pasta Arrabiata

(V) Halloumi Burger served In A Salad Pitta

Lemon Curd Sponge with Custard

Selection of fresh fruit pots or Yogurts

Friday

Chinese New Year

Sweet & Sour Chicken Balls

Egg Fried Rice, Mini Spring Roll, Prawn Crackers

(V) Chinese Vegetable Noodles

Lychee & Peach Fruit Pots With Ice Cream

Selection of Yoghurts

MENU - WEEK FOUR

Week commencing Monday 27th Jan 2020

Monday

Meatball Marinara

served with herby diced potatoes & garden peas

(V) Tomato, Mushroom & Basil Pasta With Crusty Bread

Lemon Mousse

Selection of fresh fruit pots or Yoghurts

Tuesday

Chicken & Sweetcorn Tagliatelle With garlic Bread

Homemade Ham & Pineapple Pizza

served with sauté potatoes & mixed salad

(V) Cheese & Tomato Pizza

Warm Carrot Cake With Cream

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Pork Loin

Roast Turkey With Yorkshire Pudding

roast potatoes, sage & onion stuffing,

roast gravy and carrots & kale

(V) Roasted Vegetable Stack

Selection of fresh fruit pots or Yoghurts

Thursday

Chicken Fillet Wrap With Mixed Salad

Mild Beef & Tomato Chilli & Tortilla Chips

served with boiled rice & sweetcorn

(V) Quorn & Bean Burrito

Eve's Pudding with custard

Selection of fresh fruit pots or Yogurts

Friday

Baked Battered Haddock Fillet

Chicken & Bacon BBQ Stack

served with chips & wholegrain spaghetti hoops

(V) Cheese Omelette

Iced Topped Doughnuts

JUNIOR SCHOOL MENUS

MENU - WEEK FIVE

Week commencing Monday 3rd Feb 2020

Monday

Lamb Hot Pot

Chicken Balti Curry

served with savoury cous cous & green beans

(V) Quorn Sausage & Vegetable Hot Pot

Chocolate Krispies

Selection of fresh fruit pots or Yoghurts

Tuesday

Bacon, Tomato & Basil Farfalle Pasta

Toad In The Hole With Mashed Potato

served with broccoli spears

(V) Macaroni Cheese Bake

Lemon Drizzle Cake with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Chicken Breast

Roast Pork Loin With Yorkshire Pudding

oven roast potatoes, roast gravy, carrot batons & leeks

(V) Hunters Quorn Fillet

Selection of fresh fruit pots or Yoghurts

Thursday

Minced Beef & Onion Pie

Chicken Fajita With Mixed Salad

served with new potatoes & sweet corn

(V) Vegetarian Fajita With Feta Cheese

Apple & Red Cherry Crumble with custard

Selection of fresh fruit pots or Yoghurts

Friday

Baked Battered Cod

Sausage Twist

served with chips & baked beans

(V) Vegetable Sausages

Mandarin Cheesecake & Muffins

MENU - WEEK SIX

Week commencing Monday 10th Feb 2020

Monday

Breaded Chicken Goujons

Fishcake Stars

sauté potatoes & spaghetti hoops

(V) Cheese & Tomato Turnover

Homemade Apple & Oat Flapjack

Selection of fresh fruit pots or Yoghurts

Tuesday

Traditional Minced Beef Lasagne

with garlic bread & salad crudités

Bacon, Sausage, hash brown & baked beans

(V) Vegetarian Breakfast

Ginger Sponge with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Pork Loin

Roast Chicken Breast With Yorkshire Pudding

oven roast potatoes, roast gravy, carrots & cabbage

(V) Stuffed Pepper With Cous Cous

Selection of fresh fruit pots or Yoghurts

Thursday

Authentic Punjaban Chicken Curry

Naan bread, boiled rice & garden peas

(V) Jacket Potato With Assorted Fillings With Salad

Strawberry Sponge with Custard

Selection of fresh fruit pots or Yoghurts

Friday

Baked Battered Cod

Beef burger With Cheese In A Bun

served with chips & mixed salad

(V) Vegetable Burger In A Bun

Lemon Meringue Pie

SENIOR SCHOOL MENU week 3

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Mexican Minced Beef Tacos Diced Herby Potatoes Garden Peas	Chicken, Ham & Leek Short Crust Pie Mashed Potatoes Carrot Batons	Roast Beef With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Broccoli Spears	Punjaban Authentic Butter Chicken Brown Rice Naan Bread Mango Chutney	Chinese New Year Pork Chop Suey Beef In Black Bean Sauce Chicken Sweet & Sour
Main Choice	Bacon & Egg Flan Diced Herby Potatoes Mixed Salad	Cumberland Sausage Ring Mashed Potatoes Wholegrain Spaghetti Hoops	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Sweetcorn	Minced Beef & Onion Chip Shop Pies Chips Garden Peas	 Cabbage With Beansprouts & Bacon
Vegetarian Choice	Vegetarian Mince Tacos Diced Herby Potatoes Garden Peas	Vegetable Sausages Mashed Potatoes Carrot Batons	Cauliflower, Courgette & Squash Au Gratin Roast Potatoes Fresh Vegetables	Halloumi Burger served in Pitta bread with salad	Prawn & Lentil Curry Turmeric Rice With Spring Onion & Mushroom
Healthy Choices	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Protein Pots Baked Beans	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Prawn Crackers Chinese Vegetable Noodles Vegetable Spring Roll
Sweet Treats	Choc Chip Shortbread & Cookies	Hot Rice Pudding With Peaches	Fresh Fruit Pots & Yoghurts	Lemon Curd Sponge With Custard	Lychee & Peach Fruit Pots With Ice Cream

SENIOR SCHOOL MENU week 4

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken & Mushroom Stroganoff Boiled Rice Garden Peas	Homemade Ham & Pineapple Pizza Sauté Potatoes Wholegrain Spaghetti Hoops	Roast Turkey With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Carrot Batons	Minced Beef Burritos Fresh Mixed Salad Sweetcorn Salsa	Baked Battered Haddock With Lemon Chips Mushy Peas
Main Choice	Baked Cod, Spinach & Cheddar Fishcake Herby Diced Potatoes Garden Peas	Chicken & Sweetcorn Tagliatelle Garlic Bread Fresh Mixed Salad	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Fresh Kale	Lemon & Herb Chicken Leg Hash Browns Green Beans	BBQ Chicken, Bacon & Cheese Stack Chips Fresh Mixed Salad
Vegetarian Choice	Tomato, Mushroom & Basil Pasta Crusty Bread Mixed Salad	Margarita Pizza Sauté Potatoes Fresh Mixed Salad	Roasted Vegetable Stack Roast Potatoes Fresh Mixed Salad	Vegetarian Burrito Fresh mixed Salad Sweetcorn Salsa	Cheese & Red Onion Omelette Chips Baked Beans
Healthy Choices	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Protein Pots Baked Beans	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pot Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pot Yoghurts
Sweet Treats	Chocolate Brownie & Lemon Mousse	Warm Carrot Cake With Cream	Fresh Fruit Pots & Yoghurts	Eve's Pudding With Custard	Iced Topped Doughnuts

SENIOR SCHOOL MENU week 5

Menu	Monday	Wednesday	Thursday	Friday	
Main Choice	Lancashire Lamb Hot Pot Red Cabbage Green Beans	Smoky Bacon, Sausage, Tomato & Basil Farfalle Pasta Broccoli Spears	Roast Pork Loin With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Peas & Carrots	Minced Beef & Onion Short Crust Pie New Potatoes Sweetcorn	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Chicken Balti Chow Savoury Cous Cous Mango Chutney Fresh Mixed Salad	Toad In The Hole Mashed Potatoes Broccoli Spears	Hunters Chicken Roast Potatoes Fresh Leeks Baton Carrots	Chicken Fajita Fresh Mixed Salad	Jumbo Sausage Roll Chips Garden Peas
Vegetarian Choice	Quorn Sausage & Vegetable Hot Pot Red Cabbage Green Beans	Macaroni Cheese Bake Fresh Mixed Salad	Hunters Quorn Fillet Roast Potatoes Peas & Carrots	Vegetarian Fajita With Feta Cheese Fresh Mixed Salad	Spicy Bean Burger In A Roll Chips Fresh Mixed Salad
Healthy Choices	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit
	Salad/Wrap Kart	Salad/Wrap Kart	Protein Pots	Salad/Wrap Kart	Salad/Wrap Kart
	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts	Baked Beans	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts
Sweet Treats	Chocolate Krispies & Cookies	Lemon Drizzle Cake With Custard	Fresh Fruit Pots & Yoghurts	Apple & Red Cherry Crumble With Custard	Mandarin Cheesecake Muffins

SENIOR SCHOOL MENU week 6

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken Fillet In Breadcrumbs Sauté Potatoes Spaghetti Hoops	All Day Breakfast: Bacon, Sausage ,Fried Egg, Hash Brown, Mushrooms & Beans	Roast Pork Loin Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Baton Carrots	Authentic Punjaban Chicken Curry Boiled Rice Naan Bread Mango Chutney	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Lincolnshire Fishcake With Lemon Wedge Sauté Potatoes Mixed Salad	Minced Beef Lasagne Garlic Bread Salad Crudités	Roast Turkey With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Fresh Cabbage	Chunky Steak Slice New Potatoes Garden Peas	1/4lb Beefburger In A Brioche Roll With Onion Rings Chips
Vegetarian Choice	Cheese & Tomato Turnover Jacket Potato Fresh Mixed salad	Vegetable Lasagne Garlic Bread Mixed Salad	Stuffed Peppers With Cous Cous Roast Potatoes Mixed Salad	Cheddar Cheese & Spring Onion Stuffed Jackets Mixed Salad	Vegan Vegetable Burger In A Bun Chips Mixed Salad
Healthy Choices	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit
	Salad/Wrap Bar	Salad/Wrap Bar	Protein Pots	Salad/Wrap Bar	Salad/Wrap Bar
	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts	Baked Beans	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts
Sweet Treats	Apple & Oat Flapjack & Cookies	Ginger Sponge With Custard	Fresh Fruit Pots & Yoghurts	Strawberry Sponge With Custard	Lemon Meringue Pie