



Pitsford School

The Pitsford Post

Friday 15th November 2019

Welcome

The rain! The rain! The rain! As I write (on Thursday 14th November) a very hard rain is falling outside my office, making our beautiful campus even greener and more glorious. It has been a very busy start to this half-term. The Bonfire on 3rd November was an even bigger success this year than last. I want to thank the PPA for their wonderful efforts which made it very special, Mr Bull for building a bonfire so big and dangerous that it could be seen from space, and I would like to thank everyone who came, from inside the school and out, which make it such a lovely and festive end to half-term. In addition, I specifically want to thank Mr Yates, Mr Kefford, Mrs Willmott, Mrs Whitley and Mrs Sherlock for their extraordinary efforts in the kitchen tent keeping all of our visitors fed and happy - it was an intense atmosphere in the 'scullery' during the evening and I spent my time helping by screaming abuse at the others, criticising unfairly and generally having a tantrum like an angry two year-old (so I behaved the same as I do day-to-day).

Yesterday we had a very special day in the school where the Juniors and Seniors came together in the Chapel for a wonderful assembly delivered by Year 9 to promote their charity initiative supporting the Nanna animal shelter in Northampton - I look forward to many more joint assemblies moving forward, and I also cannot wait to don my plush bear ears a week on Friday for our animal-themed mufti day. Tomorrow (Friday 15th November) we welcome the next generation of senior school Pitsfordians to our entrance day which should be a lot of fun for everyone involved. And it is only midway through the month! Four weeks to go: busy, busy, busy! Speak again soon!

Dr Walker




Pitsford School
The PPA proudly present the
*Christmas Shopping
Evening*
Friday 22nd November 4pm-8pm at
Pitsford School Sports Hall, NN6 9AD
Entrance by donation* and includes a mince pie
and a glass of prosecco or a hot drink
*all donations support the work of Pitsford School PPA
-Fabulous stalls to buy all of your Christmas gifts -

Pitsford School

Pitsford Hall

Moulton Lane

Northampton NN6 9AX

Telephone: 01604 880306

Email: office@pitsfordschool.com

www.pitsfordschool.com

- Outdoor Education Day -

This week we had Outdoor Education Day and all of our Junior School children took their learning outside as did 690,000 children across the UK and over 3 million worldwide –although it was a grey day the children filled it with their own colourful activities! The Kits and Squirrels looked at Stickman themed Maths and made 'sticky' sticks. J1 looked at problem solving and wrote their own fairy tales! J2 acted out the story 'How Rabbit Stole the Fire' which is a rhythmic North American Indian Folk tale. J3 wrote some Autumn leaf poetry while J4 made some super rangoli patterns from leaves, branches and other bits found in the grounds. J5 had a nature walk through the grounds looking out for various fungi and took some fantastic photos and J6 threw wellies for Maths!

Outdoor learning is particularly positive as it appeals to all learners with its holistic approach, it's well known for helping improve general well being, mental health and a love of nature and understanding how to care for the environment.

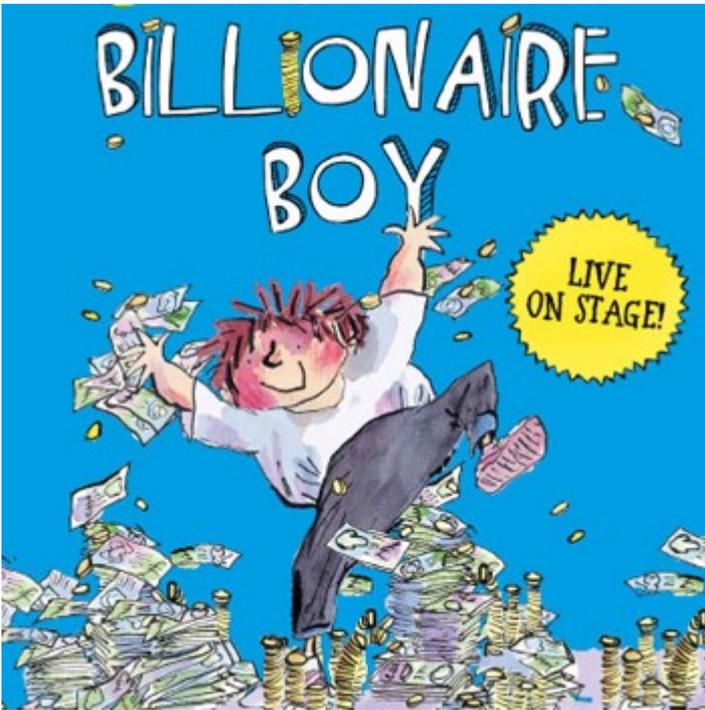


- Bonfire Night -

Two weeks ago the PPA held the annual Bonfire Night with over 200 people in attendance. The PPA worked tremendously hard and thanks must go to them and also to members of School staff for helping out! This year we had the first ever Pumpkin Parade with lots of entries of imaginatively designed pumpkins (poor Mrs Willmott had quite a job picking the winners) and congratulations to Erin A. Harry P, the Van de Waters and Pippa K for their superb creations. Tutti Frutti Gifts provided lovely gift hampers to the winners. Over £465 was raised so thank you to everyone who came and supported the event!



KS2 Theatre Trip to 'Billionaire Boy'



On Friday 18th October, Key Stage Two visited the Royal and Derngate to watch the musical adaptation of 'Billionaire Boy' by David Walliams.

The story followed a 12-year-old billionaire, Joe Spud, who lived with his billionaire dad. The pair appeared to have everything they could ever want but Joe still wasn't happy. More than anything else, Joe wanted a true friend.

After changing schools, Joe and his new best friend Bob navigated an assault course of school bullies, dangerously inedible canteen food and difficult decisions.

It was an excellent production which reminded us to prioritise friendship over possessions and money.



- J3 Roman Day -



As a follow on to their Roman topic, J3 had a very enjoyable Roman Day yesterday. Dressed in wonderful costumes and proudly carrying the shields they had made at home, the class were able to take part in some mock battles and practise different formations including the tortoise.

They also had a Roman feast which gave them the opportunity to sample some of the types of food that the Romans would have eaten, although not everyone wanted to try mussels and squid!

Judging by the smiles on their faces, the children clearly had a lovely day.



- Pitsford U11 ISA Midlands 5 a side Football Tournament -

On Tuesday 12th November Pitsford U11 football team travelled to the Wyre Forest Leisure Centre in Kidderminster to take part in the ISA Midlands football tournament. Early on Pitsford looked strong, comfortably winning every game in their group and gaining a place in the quarter finals. This proved to be a tough game, with a 2-2 draw and a penalty shootout decider. Step forward Pitsford goalie Harrison F, who not only managed to save the final penalty with an impressive dive, but then scored himself to throw a shaken Pitsford a lifeline to the semi-finals.

The semi-final game was a return to earlier form, with Pitsford playing the kind of quality football that allowed us to storm through the previous games. Strong defence from Sebastian P and Avanish J allowed Pitsford to win the ball back quickly and counter attack by playing out from the back. Midfielders Niko S, Leonard P and Raffi O linked up brilliantly to string together the kind of passing Barcelona would have been proud of, ending in a 3-1 Victory to Pitsford. We were now through to the final!

The final game was an epic battle with a very physical Ruckleigh side. Several shots peppered the Pitsford goal, but Harrison F made many heroic saves, keeping us in the game. At full time it was a 0-0 draw, necessitating extra time and a truly nerve-wracking end to the day. Pitsford came back fighting, displaying incredible levels of energy and determination. Quality passing and true teamwork came together, with Niko scoring the winning goal with 30 seconds to spare. Pitsford



- Everyday by Sam Pickles -

Year 11 pupil Sam Pickles recorded his first ever single which was released on the 23rd October. It is called *Everyday* under the artist name of Sam Pickles. Sam was spotted by the composer in one of his recent productions and they have worked together over the last few months to complete the song and recorded it in July. All the musicians performing on it are local people including Pitsford's very own former Headboy, Sam Gibbs, on Keyboards and Peripatetic Teacher, Elio Andrade, on guitars. Sam and Stuart were interviewed last Sunday on the John Griff show on BBC Radio Northampton.

It is available on over 30 platforms including iTunes Store, Apple Music, Spotify, Deezer and Soundcloud.

Sam would be very grateful for any support you can give him by either streaming the track on either Apple Music, Spotify, Deezer, etc or even downloading it from the iTune store for 79p – Sam also has some CD copies available too.



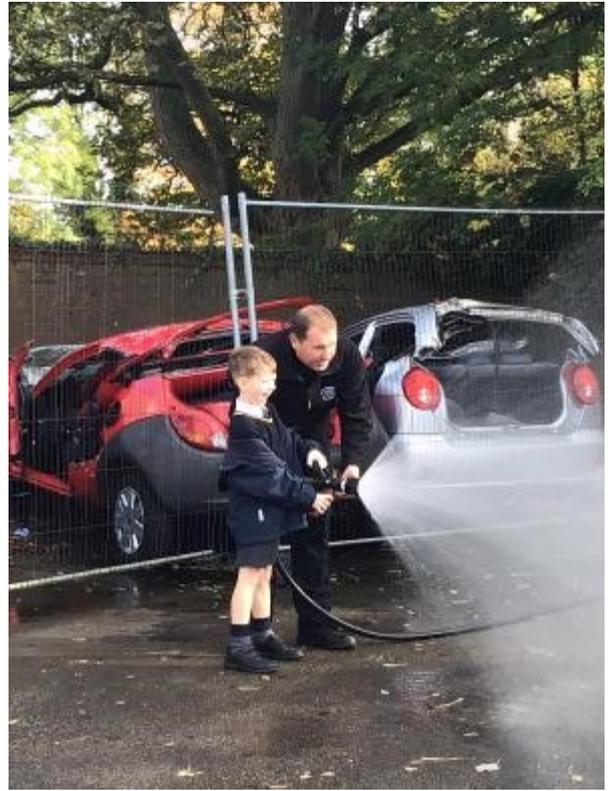
-Senior School Autumn Concert -



Thanks to all the pupils who took part in the Autumn Concert last night which was supported by parents and was a resounding success. If you missed it, please come along to the Senior School Christmas Concert on Friday 6th December at 7pm.

- J2 Fire station Visit -

J2 visited Moulton Fire Station one morning last week. We learned about fire safety and the role of a firefighter. We even got to try out some of the equipment. What an exciting start to the half term!



- J4's Got Talent -

Every year for Children in Need, J4 put on an annual talent show during assembly. This year saw lots of variety with their performances including music, magic and mirth! It was over all too soon and the audience had a great time with votes and donations are still being counted..



- Sixth Form Berlin Trip -

Pitsfordians at large in Berlin

This half term has been a busy one, as always, and filled with culture, fun and surprising amounts of exercise! Our Sixth Formers' trip to Berlin took place over five days in the balmy mid October sunshine: we are delighted to report that they walked over 30 miles - more, in fact, than they will do later this year when they embark on D of E Gold! However it was a little flatter, the cultural insights were far superior (sorry Mr Lewis) and the food was far preferable.

The visit followed a rigorous itinerary that may have surprised some. Here are some of the highlights: Alexanderplatz, the Tiergarten, The Pergamon, The Bundestag, Sony Centre, The Topography of Terror, Checkpoint Charlie, Holocaust Memorial, Brandenburg Gate, Friedrichstrauss, Potsdammerplatz ... in no particular order...

Parents or visitors, do feel free to quiz our Sixth Form about their visit as we hope that at this momentous 30 Year anniversary of the Berlin Wall's collapse, something of the rich significance of this visit will stay with our pupils and inform their world view moving forward. Many of them came on the trip armed with some interesting insights from their own knowledge and firm foundations from previous study of History. What, for example, is the difference between Reichstag and Bundestag? Where is Checkpoint Charlie? - (trick question) - How did the city feel as a place? Has it left its past behind? Geographers - these questions are also for you!

But it was not all serious: Happy Birthday Siobhan! We hope you enjoyed your Doughnut cake, artfully created by the ingenuity of our Head of Sixth Form, Mrs King. And a huge thank you to Dr Walker and Mrs King for giving up their half term holiday.



- J6 WWI Assembly -

In line with their work on World War I, Year 6 excelled themselves with a unique take on the events leading up to the First World War. The parents were very impressed and commented that it was equal parts informative, entertaining and hilarious! Well done to all pupils involved.



- Sixth Form DofE Walk -

Last weekend some mettlesome Lower Sixth pupils out went out with Mr Leach and Mr Lewis to Derwent Edge to complete a gold DofE 17km walk. The conditions were crunchy underfoot at 1 degree centigrade but judging from the views, it was clearly worth the effort!



- NANNA Whole School Mufti Day Information -

Friday 22nd November

Like most animal centres NANNA is running at full capacity and any help you can give us to help us to feed the animals in our care would be fantastic and very much appreciated. NANNA's monthly food bill is £2500 plus straw and hay and our monthly vets bill is between £2000 –£3000. If you feel you could add a little extra to your shopping list today to give to the animals in our care, then here is a list of food or products that we are in need of:

Cat food—dry or tinned

Dog food—tinned

Rabbit or guinepig food

Rat, degu or ferret fod

Cat Litter

Treats and blankets

Fuit: apples, bananas

Vegetables or salad

Baby wipes

Hay

Wood shavings

Tinned tuna

Nuts

Hay bales!!

Litter trays and litter scoops

Puppy training pads and poo bags

Bin liners (black)



NANNA Animal Rescue

Like most animal centres NANNA is running at full capacity and any help you can give us to help us to feed the animals in our care would be fantastic and very much appreciated. NANNA's food bill a month is £2500 plus straw and hay (and our monthly vet's bill is between £2000 - £3000). If you feel you could add a little extra to your shopping today to give to the animals, then here is a list of food or products we are in need of.

Paypal address
nannafunds@aol.com
(please use the Friends and Family option)

Bank details:
Sort code: 30-11-08
Account no.
00843021

Cat food dry or tinned; Dog tinned food; Rabbit or guinea pig food; Rat, degu, ferret food; Cat litter, treats or blankets; Fruit: apples, bananas; Vegetables or salad; Baby wipes; Hay; Wood shavings; Tinned tuna; Nuts; Litter trays; Litter scoops; Puppy training pads; Bin liners (black); Poo bags

Northamptonshire Animals Needing Nurturing & Adoption
Reg. charity No. 1115238

A list of animals in our care
Cats, Dogs, Rabbits, Ferrets, Guinea pigs, Chinchillas, Degus, Owls, Equines, Sheep, Cockerels, Geese, Tortoises, Turtles, Rats, Goats, Foxes, Hedgehogs, Pigs, Hens, Ducks, Turkeys, Alpacas, Pigeons, Squirrels, Wild birds, Guinea Fowl, Small rodents.

www.facebook.com/pg/NANNAANIMALRESCUE1
nanna04@btinternet.com
Tel. 07921 215049

As you will now know, Year 9 have chosen to support NANNA (Northamptonshire Animals Needing Nurturing & Adoption) this term. We are still busy collecting duvets, sheets, pillows and towels and these can be dropped off at the Junior School office or at Pitsford Hall. For our whole school Mufti Day on Friday 22nd November, we would love for all children to come to school in animal themed Mufti of their choice. Instead of bringing the usual £1 donation we would be grateful if you would please bring in an item from the list above to donate to the charity. Many thanks!

- Sixth Form Visit to The Back and Body Clinic -

The Btec PE group were fortunate last week to have an opportunity to visit The Back and Body Clinic in Moulton. As part of the Btec course the pupils have to complete a written assignment exploring a variety of different professional pathways in sport.

The pupils were provided with an opportunity to meet on of the Directors of the clinic along with two physiotherapists. This enabled the pupils to find out the different ways the physiotherapists qualified, previous jobs they have had and continued training that they do to expand their knowledge. The pupils had plenty of questions and were enthused by the passion/ dedication that all of the professionals showed.

Hopefully this has inspired them with their written work and In to finding a career that they are truly passionate about.

Many thanks to Sam and all of the team at The Back and Body Clinic for all of your help!



- Rugby Round Up -

By Mr Kefford and Mr Cole

U15 v Robert Smythe (RFU National Bowl Match) - by Mr Kefford

Thursday 7th November 2019

The Under 15's held their nerve against a strong Robert Smythe to work their way through into the last 64 of the RFU National Bowl - just. The team managed to put together an excellent team performance converting enough of the early pressure and hold of a late claim from Robert Smythe. Early pressure saw Charlie J pick from number 8 and power over from 15 metres out, converted by Andrew C for a 7-0 lead.

Pitsford worked two penalty opportunities; the first was missed by Andrew C but on the second one he made no mistake. 10-0 to Pitsford.

As the second half kicked off, Jake P discovered his kicking boots with several long range clearance kicks and then himself with the tee adding another 3 points. 13-0.

Another attacking scrum saw Charlie J from the base of the scrum team up with Oliver T who expertly finished a try in the corner. 18-0

Then Robert Smythe hit back with wave after wave of attack. Some missed tackles saw them build up back into the game and they soon narrowed the gap to just 3 points at 18-15 and Pitsford hearts were in their mouths.

The team pulled together—despite the effort taking some casualties with Jon S injured after an excellent performance with the ball in hand— Pitsford held out defending their own line at the death to secure an empathic win and record one of their best victories to date.

This earns them the next round against King Henry VIII School, Coventry, which has been fixtured for Monday 25th November and we have also managed to finally fixture the Northamptonshire Cup Quarter Final which shall replace House Rugby on Thursday 5th December. I hope to reschedule the House Rugby competition ASAP. It will be a very busy finish to the season for Year 10.

-Final Score: 18-15 Win

Man of the Match: Luca M

Year 7 v Bedford School (Home) - by Mr Cole

Wednesday 6th November 2019

The U12's travelled to Bedford School in high spirits for their next fixture. In the first half, the boys found themselves in an arm wrestle for possession and territory. Both sides had opportunities to spread the ball, yet decided not to. Bedford capitalised on some poor tackling and found themselves up at the break. Pitsford weren't done though. They decided they would try and spread the ball when they could, and were rewarded with individual efforts and tries from lolo and Ted.

Man of the Match- Alex "The Ram" R showed that he was a force to be reckoned with, ball in hand, tying in many defenders. However, the match ended with a couple more tries from Bedford as Pitsford's tackling became increasingly tired. Overall, some encouraging individual performances after a two week break for Half Term.

Lots still to work on though.

Final Score: 30-15 loss

- Rugby Round Up -

By Mr Kefford and Mr Cole

Year 7 v Oundle B XV—by Mr Cole

Wednesday 13th November 2019

The U12's next game saw them come up against Oundle School at home. The boys started strongly and quickly gained momentum with Oliver, lolo, Ted and Adriel showing their power and skill. Those boys were then given a breather so the rest of the team could take the reins making the contest well matched. With those other team members now on the field they found themselves in different roles than they were used to which allowed them to showcase their skills and abilities.

Kieran R-C grabbed this opportunity, making several line breaks and scoring two solo tries. The game ebbed and flowed, with possession and territory being split evenly amongst both sides, as well as the scoreboard. On the final whistle, Pitsford had just managed to edge the battle, winning 30-25.

Man of the Match- Kieran " The line breaker" R-C

Year 8 v Bedford School by Harry C

Wednesday 6th November 2019

The U13's went to Bedford and played in a closely fought contest. In the first half Pitsford showed real desire to carry hard and defended with real aggression, this led to the scores being level at half time with Pitsford and Bedford drawing 1 apiece.

At half time we decided to concentrate on our support work, carrying the ball into contact with 2 hands and spreading our line in defence. After the game we decided we achieved 2 out of the 3 aims with support being the most improved.

In the second half they ran away with a couple of well taken tries leaving the final score 5-2 in favour of the hosts.

In conclusion, Josh scored twice and gained Man of the Match because of his two tries and great runs. The team showing some great improvement after the holidays.

Final Score: 25-10

Man of the Match: Joshua C

Year 8 v Rushmoor

Wednesday 13th November

The team started poorly with their tackling well below par, this allowed Rushmoor to gain confidence in the game and with a couple of strong runners they were first to score.

Pitsford with some strong rucking seemed to build some momentum back into the game. This was unfortunately undone by a break away try from Rushmoor.

Pitsford then were disjointed in their approach for a few minutes and made several errors in their play. They did manage to finish the half strongly but were unable to get over the Rushmoor line. Rushmoor right on the half time whistle, again pushed back scoring a third try.

Rushmoor started the second half well and unfortunately struck twice quickly scoring two well taken tries.

Pitsford finally kicked in, all be it a little too late and scored two try's of their own, one through brute force after pressing the Rushmoor line with Ben Owen crossing the whitewash and the other an excellent piece of play, finished by Joshua C, orchestrated by lolo R who playing up with a couple of Year 7 players, Ted R and Adriel B were all fantastic.

Rushmoor were deserved winners and their coach declared it their best performance of the season but Pitsford were left to rue what could've been a much closer game if they played to their full ability.

Final Score: 10-30 Loss

Man of the Match: lolo R

- U15's Netball against Abbeyfield School

On 7th November, the U15 girls played a league match against Abbeyfield School. The player of the match was Freya R, who played goal keeper for the majority of the match. The first half was very close and Pitsford were leading at half time, however, Abbeyfield played very well in the second half and the final score was 14-8 to Abbeyfield. The team played well with many of the girls trying multiple positions. This demonstrated the versatility of the squad working together against tough opposition.



- U16's Netball vs Champion School

On Tuesday 12th November the U16 netball squad played their toughest game yet against Champion School but spirits were high due to the recent arrival of the brand new Senior Netball kit! The team worked extremely well together and all 9 players got a good run around. Unfortunately, the score was not in our favour and we lost the game 22-7, despite all our best efforts. Everyone tried extremely hard and played well, in particular Ruby R who was later announced player of the match by the other team! Well done to everyone involved!



Junior School Menus

MENU - WEEK THREE

Week commencing Monday 18th Nov 2019

Monday

Pork & Apple Burger, jacket potato & green beans

Creamy Chicken Carbonara

served with penne pasta & salad crudities

(V) Pasta Italiana

Homemade Cranberry & White Chocolate Chip Flapjack

Selection of fresh fruit pots or Yoghurts

Tuesday

Chicken & Sweetcorn Pasta Bake, garlic bread & fresh salad

Savoury Minced Beef Casserole

served with new potatoes & sweetcorn

(V) Vegetable & Bean Stew with dumplings

Banana Cake with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Loin Of Pork

Roast Chicken & Yorkshire Pudding

roast potatoes, sage & onion stuffing

carrot batons & broccoli spears

(V) Creamy Vegetable Pie

Selection of fresh fruit pots or Yoghurts

Thursday

Traditional Beef Lasagne, garlic bread & mixed salad

Bacon & Cheese Slice served with jacket potato & baked beans

(V) Cheese & Tomato Slice

Vanilla Sponge with chocolate sauce

Selection of fresh fruit pots or Yoghurts

Friday

Jumbo Baked Cod Finger

Spicy Bean Burger In A Bun

served with chips & wholegrain spaghetti hoops

MENU - WEEK FOUR

Week commencing Monday 25th Nov 2019

Monday

Mild Beef & Tomato Chilli & Tortilla Chips

Chicken Sweet & Sour

served with noodles & sweetcorn

(V) Quorn & Bean Chilli

Chocolate Brownie

Selection of fresh fruit pots or Yoghurts

Tuesday

Turkey, Ham & Leek Pie, mashed potatoes & green beans

Butchers Sausages, mashed potatoes & wholegrain spaghetti

(V) Vegetarian Sausages

Hot Rice Pudding With Sliced Peaches

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Topside Of Beef With Yorkshire Pudding

Roast Pork Loin

roast potatoes, sage & onion stuffing, gravy,

fresh baton carrots & cauliflower

(V) Cauliflower, Courgette & Squash Au Gratin

Selection of fresh fruit pots or Yoghurts

Thursday

Mild Chicken Tikka With Turmeric Rice & Naan Bread

Swedish Meatballs In Creamy Sauce, rice & sweetcorn

(V) Vegetable Stir Fry With Noodles

Jam Sponge with Custard

Selection of fresh fruit pots or Yoghurts

Friday

Baked Battered Cod, chips & baked beans

Baked Jacket Potato with choice of fillings:

Tuna, Cheese, Chicken & Bacon & Baked Beans

All served with salad crudities

(V) As A

Junior School Menus

MENU - WEEK FIVE

Week commencing Monday 2nd Dec 2019

Monday

Chicken, Tomato & Basil Penne Pasta

served with broccoli spears

(V) Macaroni Cheese Bake

Strawberry Mousse

Selection of fresh fruit pots or Yoghurts

Tuesday

Homemade Ham & Mozzarella Pizza

served with herby diced potatoes & mixed salad

Chicken & Mushroom Tagliatelle

(V) Cheese & Tomato Pizza

Red Cherry Sponge with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Turkey

Roast Pork With Yorkshire Pudding

roast potatoes, sage & onion stuffing, gravy

fresh carrot batons & leeks

(V) Falafel Stuffed Tomato

Selection of fresh fruit pots or Yoghurts

Thursday

Traditional Beef Cottage Pie

Chicken & Vegetable Hot pot

sweetcorn & green beans

(V) Vegetarian Cottage Pie

Apple Pie with custard

Selection of fresh fruit pots or Yoghurts

Friday

Baked Battered Cod

BBQ Chicken & Bacon Roll

served with chips & wholegrain spaghetti hoops

(V) Vegetarian Fajitas with feta cheese

Fancy Doughnut

Selection of fresh fruit pots or Yoghurts

MENU - SIX

Week commencing Monday 9th Dec 2019

Monday

Breaded Haddock

Bacon Chop

served with potato wedges & sweetcorn

(V) Cheesy Omelette, wedges & mixed salad

Carnival Cookie

Selection of fresh fruit pots or Yogurts

Tuesday

Christmas Lunch

Wednesday

Pitsford Run

Macaroni Cheese Bites

1/4lb Butchers Beefburger

served with chips & baked beans

(V) Macaroni Cheese Bites

Gingerbread Santa

Selection of fresh fruit pots or Yogurts

Thursday

Pasta Pit Treat (V)

Jacket Potato Bar (V)

served with mixed salad

Xmas Fancy Cakes

Selection of fresh fruit pots or Yoghurts

Friday

Finish 12.00

Senior School Week 3

Week commencing Monday 18th November 2019

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken & Mushroom Vol Au vent Sauté Potatoes Green Beans	Minced Beef Casserole With Dumplings New Potatoes Sweetcorn	Roast Pork Loin With Apple Sauce & Gravy Yorkshire Pudding Roast Potatoes Fresh Carrot Batons	Traditional Beef Lasagne Garlic Bread Mixed Salad	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Baked Pork Loin Chop With Apple & Cheese Jacket Potato Green Beans	Chicken & Sweetcorn Pasta Bake Garlic Bread Mixed Salad	Roast Chicken Breast & Yorkshire Pudding With Stuffing & Gravy Roast Potatoes Broccoli Spears	Bacon & Cheddar Cheese Twist Jacket Potato Baked Beans	Tikka Chicken Kebab Chips Mixed Salad
Vegetarian Choice	Mushroom Vol Au vent Sauté Potatoes Green Beans	Vegetable & Bean Stew With Dumplings New Potatoes Sweetcorn	Creamy Vegetable Pie Roast Potatoes Fresh Carrot Batons	Vegetarian Lasagne Garlic Bread Mixed Salad	Spicy Bean Burger In A Bun Chips Mixed Salad
Healthy Choices	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &
	Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Pasta Pit Salad/Wrap Kart Fresh Fruit Pot Yoghurts	Pasta Pit Salad/Wrap Kart Baked Beans Protein Pots	Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts
Sweet Treats	Cranberry & White Chocolate Flapjack	Banana Cake With Custard	Fresh Fruit Pots & Yoghurts	Vanilla Sponge With Chocolate Sauce	Fresh Cream Scones Fancy Cake Friday

Senior School Week 4

Week commencing Monday 25th November 2019

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Mexican Minced Beef Burrito Sauté Potatoes Fresh Mixed Salad	Turkey, Ham & Leek Short Crust Pie Mashed Potatoes Green Beans	Roast Beef With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Cauliflower Florets	Chicken Tikka Turmeric Rice Naan Bread Mango Chutney	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Southern Coated Chicken Fillets Sauté Potatoes Corn On Cob	Butchers Sausages With Onions Sweet Potato Fries Wholegrain Spaghetti Hoops	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Fresh Carrot Batons	Swedish Meatballs In A Creamy Sauce Turmeric Rice Sweetcorn	1/4lb Beefburger With Cheese In a Bun Chips Sweetcorn Relish
Vegetarian Choice	Spinach & Falafel Burrito Sauté Potatoes Fresh Mixed Salad	Vegetarian Sausages With Onions Sweet Potato Fries Green Beans	Cauliflower, Courgette & Squash Au Gratin Roast Potatoes Fresh Carrot Batons	Vegetable Stir Fry Egg Noodles Fresh Mixed Salad	Mediterranean Vegetable Stuffed Jackets Mixed Salad
Healthy Choices	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &
	Pasta Pit Salad/ Wrap Kart Fresh Fruit Pots Yoghurts	Pasta Pit Salad/ Wrap Kart Fresh Fruit Pots Yoghurts	Pasta Pit Salad/ Wrap Kart Baked Beans Protein Pots	Pasta Pit Salad/ Wrap Kart Fresh Fruit Pots Yoghurts	Pasta Pit Salad/ Wrap Kart Fresh Fruit Pots Yoghurts
Sweet Treats	Chocolate Brownie	Hot Rice Pudding With Sliced Peaches	Fresh Fruit Pots & Yoghurts	Jam & Coconut Sponge With Custard	Individual Luxury Ice Cream Pots

Senior School Week 5

Week commencing Monday 2nd December 2019

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken & Chorizo Penne Pasta Sauté Potatoes Fresh Mixed Salad	Homemade Ham & Mozzarella Pizza Herby Diced Potatoes Fresh Mixed Salad	Roast Turkey With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Fresh Leeks	Minced Beef Cottage Pie Green Beans Sweetcorn	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Baked Gammon With Pineapple Ring Sauté Potatoes Broccoli Spears	Chicken & Mushroom Tagliatelle Garlic Bread Garden Peas	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Fresh Carrot Batons	Tandoori Chicken Leg Boiled Rice Fresh Mixed Salad	BBQ Chicken, Bacon & Cheese Stack Chips Fresh Mixed Salad
Vegetarian Choice	Macaroni Cheese Bake Sauté Potatoes Fresh Mixed Salad	Margarita Pizza Herby Diced Potatoes Fresh Mixed Salad	Falafel Stuffed Tomato Roast Potatoes Fresh Vegetables	Vegetarian Cottage Pie Green Beans Sweetcorn	Vegetarian Fajitas With Feta Cheese Chips Fresh Mixed Salad
Healthy Choices	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &	Jacket Potato &
	Pasta Pit Salad/Wrap Kart Fresh Fruit Pots	Pasta Pit Salad/Wrap Kart Fresh Fruit Pots	Pasta Pit Salad/ Wrap Kart Baked Beans	Pasta Pit Salad/Wrap Kart Fresh Fruit Pot	Pasta Pit Salad/Wrap Kart Fresh Fruit Pot
	Yoghurts	Yoghurts	Protein Pots	Yoghurts	Yoghurts
Sweet Treats	Chocolate Chip Flapjack Strawberry Mousse	Red Cherry Sponge With Custard	Fresh Fruit Pots & Yoghurts	Apple Pie With Custard	Fancy Doughnuts

Senior School Week 6

Week commencing Monday 9th December 2019

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Breaded Haddock Potato Wedges Mushy Peas	Roast Pork Loin With Stuffing & Gravy Yorkshire Pudding Roast Potatoes Fresh Kale	Pitsford Run Chip Shop Minced Beef Pie Chips Garden Peas	Christmas Lunch	School Finish 12.00
Main Choice	Bacon Chop With Fried Egg Potato Wedges Baked Beans	Roast Chicken Breast With Stuffing & Gravy Yorkshire Pudding Roast Potatoes Carrot Baton	Jumbo Sausage Hot Dog With Onions Chips Baked Beans	Christmas Lunch	
Vegetarian Choice	Spanish Omelette Potato Wedges Mixed Salad	Ratatouille Stuffed Mushroom	Cheese & Onion Pasty Chips Baked Beans	Christmas Lunch	
Healthy Choices	Jacket Potato &	Jacket Potato &	Jacket Potato &		
	Pasta Pit Salad/Wrap Bar Fresh Fruit Pots	Pasta Pit Salad/Wrap Kart Protein Pots	Pasta Pit Protein Pots Fresh Fruit Pots		
	Yoghurts	Baked Beans	Yoghurts		
Sweet Treats	Chocolate Mousse	Fresh Fruit Pots	Gingerbread Santa		