



Pitsford School



THE PITSFORD POST

FRIDAY 14th FEBRUARY 2020

Welcome

Howdy parents and I cannot believe it is half-term already - I have written to the Greenwich Observatory to check that time is still working properly and things have not been accidentally left on some sort of 'fast forward' setting. In the six weeks we have been back we have been busy, busy, busy bees (buzz buzz) and I think everyone does need a break even though it only seems like yesterday I was unwrapping my Christmas presents, pretending I was not disappointed, and drinking pints of eggnog (whatever that is) while singing karaoke under the mistletoe. The school musical is/was fantastic. I am writing this to you on Thursday, I saw the matinee on Tuesday (wunderbar), and I am confident by the time you read this the end of week performances will be equally-if-not-more slick. Our sports have been very successful so far this term with successes in athletics and netball, and molto molto levels of involvement and engagement - which is what we want. The Junior School Parental Survey was great and had a 70%+ return rate, which is very high and for which I am very grateful - I will write to parents separately with feedback on that before this speedy half-term is up. We had a really great Founders' Day service on 6th February in the Parish Church where the whole school met, the Senior and Junior choirs sang and old boy and governor James Brown shared memories of being in the first class in the school. A wonderful ceremony. The next half of term will be epic in scale, but with heart and a happy ending. I'll give you more details nearer the time, but we have some fascinating visitors due to come to school ('<gasp!> who might they be?'), fun charity days planned ('<gasp!>, I am intrigued, tell me more!') and a whole mess 'o work to get through to get everyone ready for their exams be they internal or, in the case of years 11 and 13, external ('<gasp!> oh no, time flies like a bird of paradise!'). Enjoy your half-term and speak to you all on the other side.

Dr Walker

- PPA Update -

The wonderful PPA have done an amazing job of raising money to help with the funding the renovation of the chapel in the Senior School and help provide some equipment in the Juniors and in just a few short months they have been able to raise over **£6000**. This is a staggering achievement in such a short time and very much down to their hard work and your support and generosity.

They are keen to organise more events for our school and to build our community and continue to raise funds. As such they are sending out a little survey in the coming weeks to get an idea of the sorts of events and activities that you would like to see. Please keep your eyes peeled and please take time to answer a few questions so that we can continue bring you events to enjoy and that help fundraise.

A few dates for your diary:

PPA parents coffee and chat morning on **FRIDAY 28th FEBRUARY 2020** from 8-9.15am in the Sports Hall café.

The PPA AGM is on **FRIDAY 13TH MARCH 2020** from 8.30AM - 9.15AM in the **JUNIOR SCHOOL ART ROOM**

It would be great to see as many people there as possible to help brain storm ideas and shape the future of the PPA

Thank you

Pitsford School

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- Founders Day Service -

Thank you to Old Pitsfordian & Governor, James Brown, for speaking at our Founders Day service. As one of the very first to start at the school, 30 years ago, he talked about what had changed, what hadn't and about embracing opportunity with both arms.



- Founders Day Service Speech -

"Good morning everyone. My name is James Brown and 30 years ago I was sitting where you are today as an 11-year-old in the first year of Northamptonshire Grammar School, which we all know now as Pitsford School.

Back then there were only 54 of us, which didn't fill many of the pews but today I am going to briefly tell you a few things about the original School, its development and my journey from leaving as Deputy Head Boy in 1996.

The School was started by my friend's father, Malcolm Robinson, who wanted to start an independent Grammar School for boys, as he couldn't find anything locally for his son, Andrew, and with likeminded parents and some wonderful Trustees - NGS (as it was known) was formed and Pitsford Hall was found as a venue. It had been a Convent School and during the cross over, meant for quite a while, there were many Nuns that shared our grounds as they slowly moved out. I remember coming in for my entrance exam and they were cooking ham and cheese toasties and that smell still stays with me today as a memory every time I am in Pitsford Hall.

In the first few years of the School, I don't think that we did any work. When I say that, I can't really remember...I do remember helping to knock down trees, painting walls, blowing up hidden safes in Pitsford Hall, working on 50 year old desks and being very cold when the heating broke down – almost daily! Eventually, I do remember it being very fun but at first I was very nervous about coming to the school, as I had come from Moulton Primary School and only knew one other person. The family environment that existed between the 54 of us meant that we were a very close group and those fears and nerves quickly disappeared.

I found the first few months really tough as I had come from a Primary School and the other boys had come from local prep schools and seemed to know much more than me and they were really good at rugby, which I had hardly ever played at Primary School. I was a footballer and hated rugby, and wondered why my parents were making me go to a school that played this awful game where I got very muddy, cold and wet!

I gradually realised, though, that I was catching up in the classroom and that they were just more confident than me. It was also happening on the rugby pitch. One day in rugby I caught the ball from a big kick and then ran the length of the pitch trying to avoid a) being tackled and b) getting muddy. From that moment on the Games Master, Mr Waller, put me in the rugby team and from there my love of rugby developed.

There have been a lot of building developments over the years. The science block above the chapel was the old dormitories (and there were still beds in there), the science block near the dining room didn't exist, nor the library. There was no Junior School and definitely no girls – so we have a come a long way!

Pitsford School still has the same ethos that it had back at the start. To give you, the pupils, the best possible start you can have in life and to get the best out of you. We are all different. Some are more academic than others and some are better at organising and playing sport. I have a great example of this. I was fairly academic and generally good at sport. However, my best friend at school was not very academic and would admit that he struggled in classes that others of us found easy, especially maths. However, he had other amazing skills. He was a leader, fun and could motivate people, even at school. He was captain of our rugby team and we all would have walked over nails to play for him. At school he learnt to debate, be confident and to work hard to get the best results he could. We both left school and went to the University of Northumbria where he also managed to get a professional contract playing rugby. He has since gone on to have a very successful career as a Chartered Surveyor in London and is a great example of what a Pitsford pupil should be.

When I left Pitsford in 1996, I was offered a place at the University of Northumbria to study International Business with French. Before University I had a gap year and went out to play rugby in New Zealand Otago. I did a 4 year course with the 3rd year being in a French Business School in La Rochelle and at the same time signed a contract to play rugby for La Rochelle. A bad knee injury cut short my rugby career and when I graduated, I worked for Proctor & Gamble as an International Accountant for a few years before returning to help manage my family business, which sells indoor and outdoor rattan furniture around the UK and Europe. With that I get to travel several times a year to the Far East and predominantly Indonesia, which I enjoy.

Very much like in a football or a rugby team, you are the players and we are very lucky to have some fantastic teachers, management and support staff here at Pitsford who are here to manage, coach and look after you. Just to make them feel really old - there are some teachers in here today that taught me - and it is your teachers that help to develop who you are.

I ask you to suck in the information and guidance they give you and please thank them by listening in their lessons despite how boring double maths might be on a Friday afternoon! I certainly would not be the person I am without the teachers and their guidance at school.

I would say that WE are all very lucky to have been or to be at this school. It has been a part of me for 30 years and will be for all my life. I have been a Governor for 10 years, my nieces Darcy and Jemima are in the Junior school, my daughter Megan is in J2 (and probably very embarrassed at this moment) and my son Jackson started in Kits exactly 30 years to the day that I did.

I would like you to go home tonight and thank your parents and family for giving you the opportunity to come to Pitsford School. They work very hard to send you to this school and they are doing it to give you the best start in life that they can.

Work hard and enjoy yourself at Pitsford. For me it was some of the best days of my life and my friends from those years are still my closest. School is hard and you will have good and bad days but remember the people here are here to help you to become the best you can in whatever that may be – so please embrace it with both arms."

By James Brown



- Kits and Squirrels -

The Kits and Squirrels went on a wintery snowdrop walk around the beautiful grounds last week and produced some beautiful paintings.

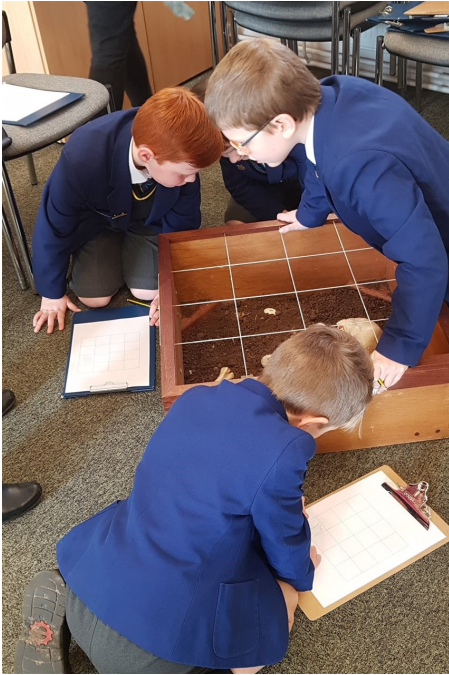


- Bosworth Battlefield Heritage Centre -

J4 became detectives using deductive skills and reasoning to see what they could learn from the recent archaeological discovery of Bosworth Battlefield and its many finds.

The award-winning exhibition brought the story of the Battle of Bosworth to life. We learned how Richard and Henry battled for the throne of England whilst getting hands-on with weapons and trying on armour.

It was a really interesting day and we would thoroughly recommend a visit.



J5 Trip To National Space Centre

On Monday 3rd February, J5 visited the National Space Centre in Leicester. We were all hoping we would have a great day.

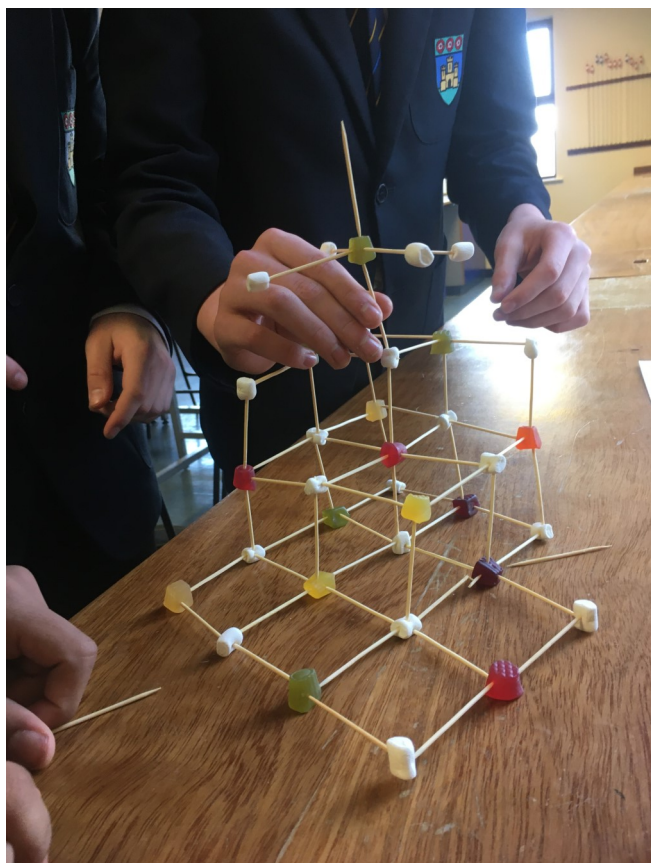
As soon as we got in, we went to the 'Into Space' gallery. We found out some amazing facts, such as astronauts need to be able to speak multiple languages including English and Russian. We then went into the Sir Patrick Moore planetarium and watched a film about the effects of space on the human body. It was very interesting and funny. It was like we were *inside* the film because it was projected all around us. After that, we went to the 'Orbiting Earth' gallery and saw ourselves in a fantastic heat-sensitive camera. Next, we went to a workshop about astronauts and spacesuits with Josh. We did two experiments. One was putting marshmallows in syringes and seeing what happened when we pulled up on the handles. The marshmallow got bigger because there was less pressure. Then we moved onto the 'Planets' gallery and learnt about N.E.Os (Near Earth Objects). We found out about some highly amusing things in this gallery, such as a comet was seen as a warning for the eruption of Vesuvius in 79AD and an asteroid was once excommunicated by the pope for damaging the planet.

Finally, we climbed the Rocket Tower. We found out about moon rock and rockets. We even saw a piece of moon rock collected by the astronaut Jack Schmitt in 1972! We found out about the animals that had been into orbit as well. After our action packed day, we went home. We had hoped the day would be good. We were right - it was brilliant!

By William H



- Year 9 Chemistry: Ionic Structures -



Last week in Chemistry, Year 9 students investigated ionic bonding by creating their own giant ionic structure using midget gems and mini marshmallows to represent the sodium and chlorine ions in table salt.

Some structures were more stable than others.. Credit goes to Sami, Liam and Luca with the most regular lattice structure. Commiserations to Emma, Libby and Alanna for a slightly unstable and wonky structure which may have been the result of someone eating all the sodium ions (midget gems)

Giant ionic lattice are quite brittle and Ollie and Ashvin demonstrated that fact and enjoyed a sugary treat as a reward of a job well done!

- Musicians wanted -

The Nene Valley Community Concert Band are a group of approximately 30 people who meet every Monday evening, between 7 and 9.15pm, at Pitsford school, to practice and play their music.

We are a non-auditioning band and play a wide variety of music pitched somewhere around grade 4.

We are very keen to recruit woodwind, brass and percussion players, to boost both our numbers and resilience. We have a current shortage of trumpets, clarinets, flutes and percussion but would welcome any of the above.

We perform concerts and enjoy ourselves as we experience the fun of playing music together.

If there are any parents or pupils who are interested in joining us either contact Miss S Jackson in school or call Andy Dickson on 07928389326 or email andrewdickson922@btinternet.com for more information.



- Art News -

Despite the rate at which this term has flown by, the students in the art department have continued to squirrel away furiously producing some more amazing results!

Year 7 have continued their exploration of Mark Hearld and have designed and constructed some fab relief birds which have brightened up our art rooms and most importantly- taught the students about colour tone, pattern making and shape.



Wadiwa W



Pippa K



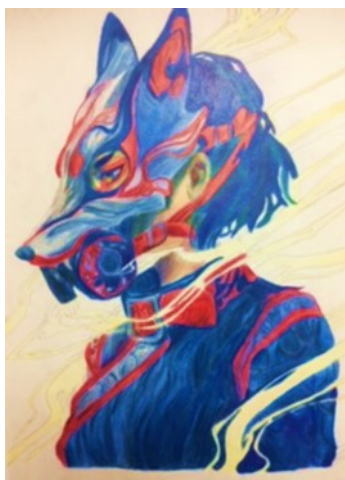
Iolo R

The **Year 8's** have continued investigating the work of Abigail Brown and have started their relief constructions (which are not fit for publication as yet). They will be worth waiting for as the students have tackled the task very well indeed and the end products promise to be absolutely brilliant!

KS3 Clay Club has also been a great success with our 3 members producing animal themed pinch pots to house some small succulents (or a plant of their choice). See below the final outcome - some future contestants for the Great Pottery Throw Down perhaps?



Unfortunately, due to most of the upper school being in the throws of exam prep, we are not allowed to publish their work online, however are able to offer a sneak peak at the **Year 9 and 10** art that is beginning to take form. The 9's are looking at 'Natural Forms' and the 10's 'Other Cultures'. Both year groups are working on a skills based project within which they are experimenting (guided) with materials. The quality is fabulous and is improving rapidly due to the hard work and commitment shown by all students.



Year 10 Coloured Pencil Studies

Left to right:

Erin J

Francesca F-N

Finn C-F

Adele C

Matilda R

Finally - we are thrilled to announce the very first **Pitsford School Artist of the Term** awards. One student from each year group will be nominated termly based on a variety of (individualised) reasons. It has been the most difficult of tasks as each individual entering our department has produced great work in some capacity. I am however thrilled to announce the following students for the Spring Term award:

Year 7 - Pippa K for quality and commitment to art

Year 8 - Rosie S for an excellent work ethic

Year 9- Izzy H for going over and above with her tasks

Year 10- Matilda R for demonstrating amazing skills and producing a fabulous set of primary resources

Year 11- Tianna C for dedication and progress in painting skills

L&U 6th- Halle M for rapid progress on her large scale outcome

Massive congratulations to you all. And remember - keep up the good work Pitsford artists!

Mrs Smith

Pitsford School
presents

LITTLE SHOP OF



HORRORS

Book and Lyrics by Howard Ashman

Music by Alan Menken

Junior School Hall
7.30pm

11th, 13th, & 14th, February 2020

FINAL EVENING FOR LSOH!!!!

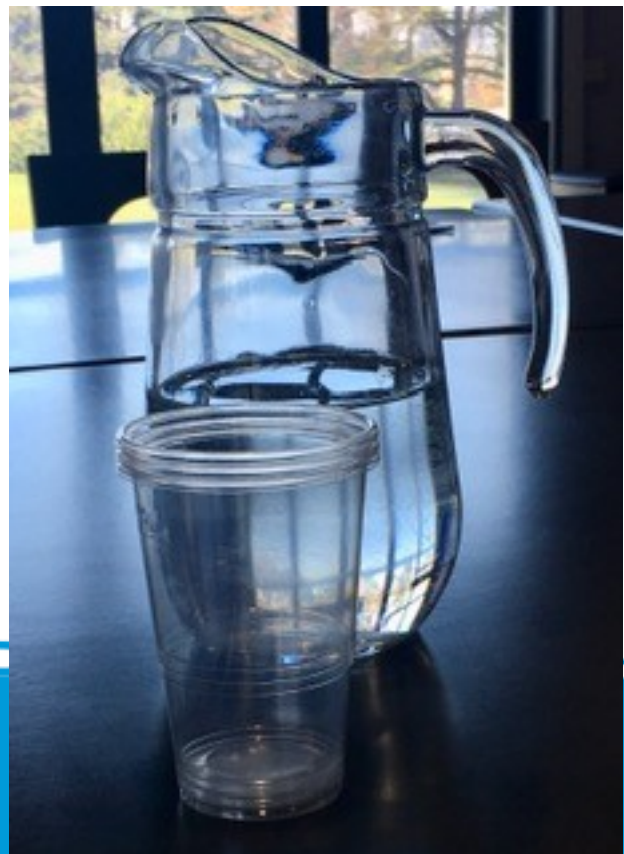
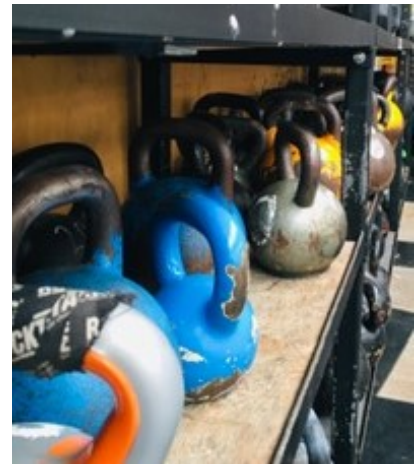
It's not too late to snap up the last few remaining tickets for the final performance of Little Shop of Horrors this evening at 7.30pm... You can either reserve some from the school office before the end of school today or buy on the door tonight! You won't be disappointed!



Btec PE Students have had a very busy week...

This week has been rather a steep learning curve for the Btec PE students. As part of the student's assessment; exploring professional development in the sports industry they have been required to complete an assignment related to employment. Having previously explored two career pathways in the sports industry the students have had to formally apply for a job, this process has included writing a CV, formal letter of application and partaking in the formal interview process. Interviews are always a nerve wracking experience particularly if it is your first one and with an experienced interviewee. Having completed the interviews the students will receive individual feedback which will enable them to analyse their performance and suggest ways in which they would improve in the future. In addition to this the students have now to lead either a coaching or personal training session to individuals or small groups to replicate the practical elements they may face in an interview in the future.

Thank you to Focus Tennis UK for your interviewing of the students along with the individualised feedback and Unit 22 for use of the gym facility.



-Annual Midlands Cross Country in Bedstone Years 5 to 13 -

We took a selection of Cross Country runners to Bedstone College in Shropshire. The weather conditions were as good as perfect for running. The sun was shining and there was virtually no breeze; the grounds were stunning and not too muddy. The first race was the **Year 5 & 6 boys** who gave it everything they had and they certainly set the bar high for the ones to follow. There was a very clear win from Raffi O with nobody behind him for a good 200m who was followed by William H in 11th place, narrowly missing the qualifying spot. Very well done boys! Next to race were the **Year 7 & 8 girls** and, for a few of them, it was their first time at Bedstone so they were unsure what to expect. They all ran with big smiles and appeared to enjoy the course; Madeleine triumphed with her best position after competing in it for the last 4 years finishing in 8th position and qualifying for Nationals. Well done Madeleine! Next it was **Year 7 & 8 boys** with the largest number of competitors—roughly 160 in the race. Lewis R took the lead straight away and managed to hold that position all the way round, this is now his 3rd win at this event. What a fantastic achievement Lewis, congratulations! Neer and Harry also had a great run. Harry made a confession of pushing a runner into the stream (no injury caused, just wet clothing) but then redeemed himself by letting a marshall know that someone else had fallen over further along the course and needed help. **Year 9 & 10 girls:** we only had 2 of our girls in this race, they had to do 2 laps of the same course which meant they had to do the dreaded hill twice, but where there is an up there is always a down. The girls ran superbly - it was also Hannah's first time and at least she now knows what to expect next year. Cara managed to grab herself a qualifying position and came home in 9th position. **Year 9 & 10 boys:** not so many in this race (approximately 75) with a grueling 4km to run. They all ran their absolute best and some even surprised themselves, it doesn't matter how old you are they all still love running through the stream. Josh ran his Bedstone best and came in 4th to qualify. Toby started at a steady pace, then soon came steam rolling his way through to end up coming 14th.

Last race of the day and it was worth the wait. Dylan was our only competitor— he fought his way through the starting pack and ran at consistent pace throughout the course. Dylan came in 7th to become a National Qualifier. Well done to all those that raced and we look forward to the next round on the 20th March at Worksop College.



- Football Round Up -

by Mr Cole

- U18 vs Wellingborough School- Tuesday 4th February -

The U18's travelled to Wellingborough for their first match of the season, against Wellingborough's 2nd team.

The game started well, with Pitsford showing good attacking intent.

However, it wasn't long before Wellingborough were peppering the Pitsford goal. Chris L in goal was cat like, saving many of their efforts. But the pressure eventually told, and the Wellingborough dominance paid off. Pitsford continued to press, even though Wellingborough now started to find the back of the net on numerous occasions. All wasn't lost though, as Dylan C made several individual breaks, with three of these ending with goals! Well done, Dylan! Fitness was a big factor, and I believe if the team really started to work and improve on their own personal fitness levels, the team could expect to achieve some better results on the football field.

Man of the match- Dylan C (scoring a hat trick)

- U12's Vs Rushmoor- Wednesday 5th February -

The U12's next match saw them up against a familiar opponent- Rushmoor. It hadn't been long since the boys had played them on the rugby field last term. And with several of the team out running at Bedstone, it was an opportunity for some of the other boys in the year to represent their school. Led by Nathan A in goal they set about the game with a little nervousness. However, as the game went on, the boys slowly gained confidence. Rushmoor were confident from the first whistle and had the majority of possession and territory. Isaac W, Ted R, and Alex R worked tirelessly to stem the bombardment on our goal, and create opportunities. But Rushmoor deserved the victory! Well done to all the boys!

Man of the match- Nathan A

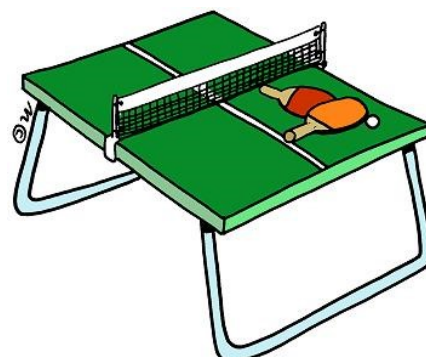
- U14's vs Peterborough School -

The U14's first match of the season saw them up against The Peterborough School, at home. The boys were really excited and up for this one. We started with high energy and determination, and it wasn't long before Liam R, Sami S, Ned B and Carl M were pushing the opposition back. Led by Liam R, we capitalised on many of our chances. Scoring some lovely well worked goals! And with Toby C, Luca M in defence there wasn't many chances for the opposition to counter attack. However, Peterborough did mount a small comeback in the second half, but Harris C in goal made sure this was short lived, saving many of their efforts. A fine performance by all the team, and a deserving victory! 7-3! Well done to all the team.

Man of the match- Liam R

Does anyone have....

A table tennis table gathering dust at home that they would be happy to donate to our Senior School common room please. If you do, please get in touch with Mrs Chacksfield.



- Netball Reports -

On Friday the 7th February a selection of U12 girls went to play in a tournament hosted graciously by KBA. We played seven, ten minute games against Abbeyfield 4-1, Moulton 1-2, KBA 5-1, Duston 7-0 and NA 5-2, in the final playing against Wootton Park and NSG. The girls played well and did an outstanding job with their excellent coordination. In first place fell NSG closely followed by Pitsford in second, both continuing into the county tournament. Despite the cold weather everyone there still played their best and found their footing when against tricky teams. Well done girls keep it up!

By Emily F.



- Year 8 Netball-

On Wednesday 29th January all of Year 8 girls played Weston Favell school. Pitsford had a good start with the first quarter ending 3-0 all of the team swapped positions and everyone did well making us 7-1 up at halftime putting all in a good mood. Then after the third quarter we had still gained points and really good marking from Anika keeping it away from their goal. making us ready for the last section. At the end it was 14-1 and Serenity got player of the match.

By Madeline S

- Pitsford Junior / Senior Netball Tournament -

On Wednesday 12th February, both the Junior and Senior school had a netball tournament with all year 3, 4, 5, 6, 7 and 8 girls playing on the same court! Maisie and Beth umpired all games so a big thank you to them.



- ISA Midlands Netball Tournament -

Two weeks ago the U14 girls played at Loughborough in the ISA Midlands Tournament. To begin with we played 4 games against various independent schools from around the region, we managed to come out on top, winning all of our matches! We then proceeded to play in the semi-finals, knocking our opponents out of the tournament and then advanced into the finals. We played a tough game, with lots of support coming from the side-lines, we somehow, managed to win the tournament with a score of 8-4 to Pitsford. Well played girls!

By Cara R.



JUNIOR SCHOOL MENUS

MENU - WEEK ONE

Week commencing Monday 24th Feb 2020

Monday

Minced Beef Pasta Bolognese Bake served garlic bread & crudités

Butchers Sausage, jacket wedges & peas (DF)

Minced Beef Pasta Bolognese (DF)

(V) Vegetarian Mince Pasta Bolognese Bake

Homemade Flapjack

Selection of fresh fruit pots or Yoghurts

Tuesday

Mild Creamy Chicken Korma served with boiled rice & Naan Bread

Gammon Steak, croquette potatoes & green beans (DF)

(V) Mild Sweet Potato & Vegetable Korma

Pancake Day

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Loin of Pork or Roast Chicken (DF)

oven roast potatoes, sage & onion stuffing,

Yorkshire pudding, roast gravy carrots & fresh cabbage

(V) Vegetable Stuffed Jacket Skins

Selection of fresh fruit pots or Yoghurts

Thursday

Turkey Dinosaurs

Ham & Cheddar Cheese Twists

served with mashed potatoes, sweetcorn & spaghetti hoops

Bacon Puff Pastry Twist (DF)

(V) Cheddar Cheese, Potato & Onion Pasty

Apple & Cinnamon Crumble with custard

Selection of fresh fruit pots or Yoghurts

Friday

Battered Cod (DF)

Butcher's Beefburger (DF)

served with chips & mixed salad

(V) Vegetable Burger In A Bun (DF)

Fancy Cake Friday

Selection of fresh fruit pots or Yoghurts

MENU - WEEK TWO

Week commencing Monday 2nd Mar 2020

Monday

Savoury Chicken & Vegetable Vol Au Vent (DF)

Pork Chop With Gravy (DF)

served with sauté potatoes & green beans

(V) Mushroom Vol Au Vent

Homemade Cranberry & White Chocolate Chip Muffin

Selection of fresh fruit pots or Yoghurts

Tuesday

Tuna & Sweetcorn Pasta Bake with mixed salad

Minced Beef Casserole With Dumpling

served with new potatoes & sweetcorn

Minced Beef Casserole (DF)

(V) Vegetable Quiche

Banana Cake with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Chicken Breast (DF)

Baked Gammon With Honey Gravy (DF)

Yorkshire Pudding, oven roast potatoes, sage & onion stuffing,

baton carrots & cauliflower florets

(V) Vegetable & Cheese Plait

Selection of fresh fruit pots or Yoghurts

Thursday

Beef Cottage Pie

Braised Sausages In Onion Gravy (DF)

served with mashed potatoes, carrot & swede & peas

Cottage Pie (DF)

(V) Cheese & Tomato Slice

Chocolate Sponge with chocolate custard

Selection of fresh fruit pots or Yoghurts

Friday

Jumbo Baked Cod Fingers

Chicken Mini Pitta Pocket (DF)

served with chips & baked beans

Breaded Cod Fishfingers (DF) (GF)

(V) Cheese, Potato & Spring Onion Patty

Jelly & Ice Cream

JUNIOR SCHOOL MENUS

MENU - WEEK THREE

Week commencing Monday 9th Mar 2020

Monday

Mild Mexican Minced Beef Taco (DF)

Bacon & Egg Flan

served with herby diced potatoes & garden peas

(V) Vegetarian Mince Taco (DF)

Homemade Shortbread

Selection of fresh fruit pots or Yoghurts

Tuesday

Chicken & Ham Short Crust Pie

Butchers Sausage (DF)

served with mashed potatoes & wholegrain spaghetti

(V) Vegetarian Sausages (DF)

Hot Rice Pudding With Sliced Peaches

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Pork Loin (DF)

Topside Of Beef (DF)

Yorkshire Pudding, oven baked roast potatoes, sage & onion stuffing,

roast gravy and broccoli spears & sweetcorn

(V) Cauliflower, Courgette & Squash Au Gratin

Selection of fresh fruit pots or Yoghurts

Thursday

Mild Butter Chicken Curry With Brown Rice & Naan bread (DF)

Pork Stir Fry With Noodles (DF)

(V) Vegetable Stir-fry With Noodles (DF)

Lemon Curd Sponge with Custard

Selection of fresh fruit pots or Yogurts

Friday

Baked Battered Cod Fillet (DF)

Pasta Arrabiata (DF)

(V) Halloumi Burger served In A Salad Pitta

Fancy Cake Friday

Selection of fresh fruit pots or Yoghurts

MENU - WEEK FOUR

Week commencing Monday 16th Mar 2020

Monday

Meatball Marinara

served with herby diced potatoes & garden peas

(V) Tomato, Mushroom & Basil Pasta With Crusty Bread (DF)

Lemon Mousse

Selection of fresh fruit pots or Yoghurts

Tuesday

Chicken & Sweetcorn Tagliatelle With garlic Bread

Homemade Ham & Pineapple Pizza

served with sauté potatoes & mixed salad

Chicken & Sweetcorn Bread Base Pizza (DF)

(V) Cheese & Tomato Pizza

Warm Carrot Cake With Cream

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Pork Loin (DF)

Roast Turkey (DF)

Yorkshire Pudding, roast potatoes, sage & onion stuffing,

roast gravy and carrots & kale

(V) Roasted Vegetable Stack (DF)

Selection of fresh fruit pots or Yoghurts

Thursday

Chicken Fillet Wrap With Mixed Salad (DF)

Mild Beef & Tomato Chilli & Tortilla Chips (DF)

served with boiled rice & sweetcorn

(V) Vegetarian Mince & Bean Burrito (DF)

Eve's Pudding with custard

Selection of fresh fruit pots or Yogurts

Friday

Baked Battered Haddock Fillet (DF)

Chicken & Bacon BBQ Stack (DF)

served with chips & wholegrain spaghetti hoops

(V) Cheese Omelette

Iced Topped Doughnuts

Selection of fresh fruit pots or Yoghurts

JUNIOR SCHOOL MENUS

MENU - WEEK FIVE

Week commencing Monday 23rd Mar 2020

Monday

Lamb Hot Pot (DF)

Chicken Balti Curry (DF)

served with savoury couscous & green beans

(V) Quorn Sausage & Vegetable Hot Pot

Chocolate Krispies

Selection of fresh fruit pots or Yoghurts

Tuesday

Bacon, Tomato & Basil Farfalle Pasta (DF)

Toad In The Hole With Mashed Potato

served with broccoli spears

Sausage, Mashed Potato & broccoli (DF)

(V) Macaroni Cheese Bake

Lemon Drizzle Cake with custard

Selection of fresh fruit pots or Yoghurts

Wednesday

Roast Chicken Breast (DF)

Roast Pork Loin (DF)

Yorkshire Pudding, roast potatoes, roast gravy,

carrot batons & leeks

(V) Hunters Quorn Fillet (DF)

Selection of fresh fruit pots or Yoghurts

Thursday

Minced Beef & Onion Pie

Chicken Fajita With Mixed Salad (DF)

served with new potatoes & sweetcorn

Savoury Minced Beef & Onion (DF)

(V) Vegetarian Fajita With Feta Cheese

Apple & Red Cherry Crumble with custard

Selection of fresh fruit pots or Yoghurts

Friday

Baked Battered Cod (DF)

Sausage Twist (DF)

served with chips & baked beans

(V) Vegetable Sausages

Mandarin Cheesecake & Muffins

Selection of fresh fruit pots or Yoghurts

served with chips & mixed salad

(V) Vegetable Burger In A Bun

Lemon Meringue Pie

SENIOR SCHOOL MENU week 1

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Minced Beef Pasta Bolognaise Bake Garlic Bread Mixed salad	Chicken Korma Boiled Rice Naan Bread Mango Chutney Green Beans	Roast Pork Loin With Stuffing & Gravy Yorkshire Pudding Roast Potatoes Fresh Cabbage	Cheese & Ham Twist Mashed Potatoes Wholegrain Spaghetti Hoops	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Butchers Sausages & Fried Egg Jacket Wedges Garden Peas	Baked Gammon & Pineapple Croquette Potatoes Green Beans	Roast Chicken Breast With Stuffing & Gravy Yorkshire Pudding Roast Potatoes Carrot Batons	BBQ Chicken Drummers Mashed Potatoes Sweetcorn	1/4lb Beefburger In A Brioche Roll With Battered Onion Ring Chips Mixed Salad
Vegetarian Choice	Quorn Mince Pasta Bolognaise Bake Garlic Bread	Sweet Potato & Vegetable Korma Boiled Rice	Vegetable Stuffed Jacket Skins Roast Potatoes Fresh Cabbage	Cheese, Onion & Potato Pasty Mashed Potatoes Sweetcorn	Vegetable Burger In A Roll Chips Mixed Salad
Healthy Choices	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Protein Pots Baked Beans	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts
Sweet Treats	Homemade Flapjack & Cookies	Pancake Day	Fresh Fruit Pots & Yoghurts	Apple & Cinnamon Crumble With Custard	Fancy Cake Friday

SENIOR SCHOOL MENU week 2

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken & Mushroom Vol Au Vent Sauté Potatoes Green Beans	Savoury Minced Beef Casserole With Dumplings New Potatoes Sweetcorn	Baked Gammon With Honey Gravy & Yorkshire Pudding Roast Potatoes Carrot Batons	Braised Sausages In Onion Gravy Creamed Potatoes Carrot & Swede	Baked Battered Haddock With Lemon Chips Mushy Peas
Main Choice	Baked Pork Chop In Mustard Gravy Jacket Potato Green Beans	Tuna & Sweetcorn Pasta Bake Mixed Salad	Roast Chicken Breast & Yorkshire Pudding With Stuffing & Gravy Roast Potatoes Cauliflower Florets	Beef Cottage Pie Carrot & Swede Mash Peas	Sweet Chilli Seasoned Chicken Leg Chips Mixed Salad
Vegetarian Choice	Mushroom Vol Au vent Sauté Potatoes Green Beans	Vegetable Quiche New Potatoes Sweetcorn	Vegetable & Cheddar Cheese Plait Roast Potatoes Baton Carrots	Cheddar Cheese & Tomato Slice Creamed Potatoes Peas	Cheese, Potato & Spring onion Patty Chips Mixed Salad
Healthy Choices	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pot Yoghurts	Jacket Potato & Pasta Pit Protein Pots Baked Beans	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts	Jacket Potato & Pasta Pit Salad/Wrap Kart Fresh Fruit Pots Yoghurts
Sweet Treats	Cranberry & White Chocolate Flapjack & Cookies	Banana Cake With Custard	Fresh Fruit Pots & Yoghurts	Chocolate Sponge With Chocolate Custard	Individual Luxury Ice Cream

SENIOR SCHOOL MENU week 3

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Mexican Minced Beef Tacos Diced Herby Potatoes Garden Peas	Chicken, Ham & Leek Short Crust Pie Mashed Potatoes Carrot Batons	Roast Beef With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Broccoli Spears	Punjaban Authentic Butter Chicken Brown Rice Naan Bread Mango Chutney	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Bacon & Egg Flan Diced Herby Potatoes Mixed Salad	Cumberland Sausage Ring Mashed Potatoes Wholegrain Spaghetti Hoops	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Sweetcorn	Pork Stir Fry With Egg Noodles Fresh Mixed Salad	Minced Beef & Onion Chip Shop Pies Chips Garden Peas
Vegetarian Choice	Vegetarian Mince Tacos Diced Herby Potatoes Garden Peas	Vegetable Sausages Mashed Potatoes Carrot Batons	Cauliflower, Courgette & Squash Au Gratin Roast Potatoes Fresh Vegetables	Vegetable Stir-fry With Egg Noodles	Halloumi Burger served in Pitta bread with salad
Healthy Choices	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit
	Salad/Wrap Kart	Salad/Wrap Kart	Protein Pots	Salad/Wrap Kart	Salad/Wrap Kart
	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts	Baked Beans	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts
Sweet Treats	Choc Chip Shortbread & Cookies	Hot Rice Pudding With Peaches	Fresh Fruit Pots & Yoghurts	Lemon Curd Sponge With Custard	Fancy Cake Friday

SENIOR SCHOOL MENU week 4

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken & Mushroom Stroganoff Boiled Rice Garden Peas	Homemade Ham & Pineapple Pizza Sauté Potatoes Wholegrain Spaghetti Hoops	Roast Turkey With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Carrot Batons	Minced Beef Burritos Fresh Mixed Salad Sweetcorn Salsa	Baked Battered Haddock With Lemon Chips Mushy Peas
Main Choice	Baked Cod, Spinach & Cheddar Fishcake Herby Diced Potatoes Garden Peas	Chicken & Sweetcorn Tagliatelle Garlic Bread Fresh Mixed Salad	Roast Pork Loin With Yorkshire Pudding Stuffing & Gravy Roast Potatoes Fresh Kale	Lemon & Herb Chicken Leg Hash Browns Green Beans	BBQ Chicken, Bacon & Cheese Stack Chips Fresh Mixed Salad
Vegetarian Choice	Tomato, Mushroom & Basil Pasta Crusty Bread Mixed Salad	Margarita Pizza Sauté Potatoes Fresh Mixed Salad	Roasted Vegetable Stack Roast Potatoes Fresh Mixed Salad	Vegetarian Burrito Fresh mixed Salad Sweetcorn Salsa	Cheese & Red Onion Omelette Chips Baked Beans
Healthy Choices	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit
	Salad/Wrap Kart	Salad/Wrap Kart	Protein Pots	Salad/Wrap Kart	Salad/Wrap Kart
	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts	Baked Beans	Fresh Fruit Pot Yoghurts	Fresh Fruit Pot Yoghurts
Sweet Treats	Chocolate Brownie & Lemon Mousse	Warm Carrot Cake With Cream	Fresh Fruit Pots & Yoghurts	Eve's Pudding With Custard	Iced Topped Doughnuts

SENIOR SCHOOL MENU week 5

Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Lancashire Lamb Hot Pot Red Cabbage Green Beans	Smoky Bacon, Tomato & Basil Farfalle Pasta Broccoli Spears	Roast Pork Loin With Yorkshire Pudding, Stuffing & Gravy Roast Potatoes Baton Carrots	Minced Beef & Onion Short Crust Pie New Potatoes Sweetcorn	Baked Battered Cod With Lemon Chips Mushy Peas
Main Choice	Chicken Balti Chow Savoury Cous Cous Mango Chutney Fresh Mixed Salad	Toad In The Hole Mashed Potatoes Broccoli Spears	Hunters Chicken Roast Potatoes Fresh Leeks	Chicken Fajita New Potatoes Fresh Mixed Salad	Jumbo Sausage Roll Chips Garden Peas
Vegetarian Choice	Quorn Sausage & Vegetable Hot Pot Red Cabbage Green Beans	Macaroni Cheese Bake Fresh Mixed Salad	Hunters Quorn Fillet Roast Potatoes Carrots & Leeks	Vegetarian Fajita With Feta Cheese Fresh Mixed Salad	Spicy Bean Burger In A Roll Chips Fresh Mixed Salad
Healthy Choices	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit	Jacket Potato & Pasta Pit
	Salad/Wrap Kart	Salad/Wrap Kart	Protein Pots	Salad/Wrap Kart	Salad/Wrap Kart
	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts	Baked Beans	Fresh Fruit Pots Yoghurts	Fresh Fruit Pots Yoghurts
Sweet Treats	Chocolate Krispies & Cookies	Lemon Drizzle Cake With Custard	Fresh Fruit Pots & Yoghurts	Apple & Red Cherry Crumble With Custard	Double Choc Chip Muffins